

# CWM ZONE MULTI EVENT CHAMPIONSHIPS

SUNDAY - 6 FEBRUARY 2011

First Call: 8.45 am

Hosted by: Warradale LAC

Warragamba Oval, Warradale Road, WARRAGAMBA

REGO NO: \_\_\_\_\_ AGE GROUP: \_\_\_\_\_

NAME: \_\_\_\_\_ BOY / GIRL (circle one)

CLUB: \_\_\_\_\_

PARENT NAME: \_\_\_\_\_

PHONE NO: \_\_\_\_\_

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Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> placegetters in each group & every competitor will receive a Certificate

PLUS - Trophy Feature Event for all Age Groups (Boys & Girls) to be advised on the day

U6 boys and girls	50m, 100m, 200m, long jump, shot, discus
U7 boys and girls	50m, 100m, pack start, long jump, shot, discus
U8 boys and girls	70m, 200m, pack start, long jump, shot, discus
U9 - U12 boys and girls	200m, 800m, 60m hurdles, long jump, shot, discus
U13 boys & girls & U14 girls	200m, 800m, 80m hurdles, long jump, shot, discus
U14 boys	200m, 800m, 90m hurdles, long jump, shot, discus
U15 boys & girls	100m, 800m, 90/100m hurdles, long jump, shot, discus
U17 boys & girls	100m, 800m, 100/110m hurdles, long jump, shot, discus

**Enquiries:** Robbi Sain Barry Garment  
**Telephone:** 9607 9994 / 0417 419 149 4774 2028 / 0404 477 110  
**Post Entries to:** 2210 Northern Road, Luddenham, NSW, 2745  
**Email Entries to:** samnboys@iprimus.com.au  
**Cost:** \$5 per athlete (Please make cheques payable to CWMZ)

**EMAIL & POSTAL ENTRIES CLOSE: 6.00 pm Wednesday, 2 February 2011**  
**LATE ENTRIES WILL BE TAKEN ON THE DAY FROM 8 AM TO 8.45 AM AT A COST OF \$8.00 PER ATHLETE**

- Competitors must compete in their own age groups
- Full centre uniform must be worn to compete including age, centre & registration number
- In the event of rain please call 0417 419 149 after 7.30 am on the day

You can download copies of the individual and/or club entry forms from the Warradale Website at:

[www.warradalela.homestead.com/wlacindex.html](http://www.warradalela.homestead.com/wlacindex.html)