

CWM ZONE MULTI EVENT CHAMPIONSHIPS

SUNDAY - 29 January 2017

First Call: 8.45 am

Hosted by: Warradale LAC

Warragamba Oval, Warradale Rd, Warragamba

REGO NO: _____ AGE GROUP: _____

NAME: _____ BOY / GIRL (circle one)

CLUB: _____

PARENT NAME: _____

PHONE NO: _____

CWM ZONE MULTI EVENT CHAMPIONSHIPS

SUNDAY - 29 January 2017

First Call: 8.45 am

Warragamba Oval, Warradale Rd, Warragamba

Medals will be awarded for 1st, 2nd & 3rd placegetters in each group

PLUS - Trophy Feature Event for all Age Groups (Boys & Girls) to be advised on the day

U6 boys and girls	50m, 100m, 200m, long jump, shot, discus
U7 boys and girls	50m, 100m, pack start, long jump, shot, discus
U8 boys and girls	70m, 200m, pack start, long jump, shot, discus
U9 - U12 boys and girls	200m, 800m, 60m hurdles, long jump, shot, discus
U13 boys & girls & U14 girls	200m, 800m, 80m hurdles, long jump, shot, discus
U14 boys	200m, 800m, 90m hurdles, long jump, shot, discus
U15 boys & girls	100m, 800m, 90/100m hurdles, long jump, shot, discus
U17 boys & girls	100m, 800m, 100/110m hurdles, long jump, shot, discus

Enquiries: Tracey Liondas
Telephone: 0450675028
Postal Entries: 11 Sandpiper Cres, Hinchinbrook 2168
Email Entries to: phossil41@gmail.com
Cost: \$5 per athlete (Please make cheques payable to CWMZ)

EMAIL ENTRIES CLOSE: 9.00 pm Friday, 27 January 2017

LATE ENTRIES WILL BE TAKEN ON THE DAY FROM 8 AM TO 8.30 AM AT A COST OF \$10 PER ATHLETE

BREAKFAST AVAILABLE ON THE DAY FROM 8.15 AM

A FULL CANTEEN WILL OPERATE ALL DAY

Competitors must compete in their own age groups

Full centre uniform must be worn to compete including age, centre & registration number

In the event of rain please call 0450675028 after 7.30 am on the day

You can download copies of the individual and/or club entry forms from the Warradale:

www.warradalela.homestead.com/wlacindex.html