

Lake Illawarra Little Athletics Assoc. Inc.

Summer Carnival



Where: Myimbarr Community Park, Wattle Road, Flinders

When: Sunday 15th January 2012

Time: Carnival Starts 9.30am (Late Entries Taken From 8.00am - Breakfast Available)

Cost: \$4.00 Per Event (or 6 Events \$20.00) **Late Fee:** \$5-50 Per Event (or 6 Events \$30.00)

Tiny Tots: \$10.00 (Participation Award To All Tiny Tots)

Medals: For 1st, 2nd and 3rd Placings In All Events

All track event medals given on times. No finals will be run. Participation ribbons for all placings in all events. There is no limit to number of events an athlete can enter.

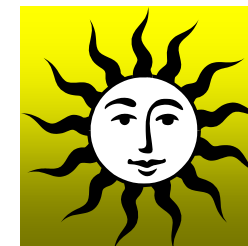
Athletes may go up an Age Group to compete in an event **not** available in their own Age Group **as long as specifications (eg Weights) do not differ.**

In keeping with the spirit of the day **NO PROTESTS** will be considered.

Pre Carnival Entry Closing Date: (11th January 2012) - No Refunds

Events in Bold indicate Mid South Coast Zone Grand Prix Events

Tiny Tots	50m	70m	100m	Long Jump	Discus	Shot Put				
Under 6	50m	70m	100m	300m	Long Jump	Discus	Shot Put			
Under 7	50m	70m	100m	500m	Long Jump	Discus	Shot Put			
Under 8	60m/h	70m	200m	700m	Long Jump	Shot Put	Discus			
Under 9	60m/h	70m	200m	800m	Long Jump	Discus	Shot Put			
Under 10	60m/h	70m	200m	400m	High Jump	Shot Put	Discus			
Under 11	60m/h	100m	200m	800m	Long Jump	Discus	Shot Put			
Under 12	60m/h	100m	200m	400m	High Jump	Shot Put	Discus	Javelin		
Under 13	80m/h	100m	200m	800m	200m/h	Long Jump	Discus	Shot Put	Triple Jump	Javelin
Under 14	80-90m/h	100m	200m	400m	200m/h	High Jump	Shot Put	Discus	Javelin	
Under 15	90-100m/h	100m	200m	800m	200m/h	Long Jump	Discus	Shot Put	Triple Jump	Javelin
Under 17	100-110m/h	100m	400m	1500m	200m/h	High Jump	Shot Put	Javelin	Long Jump	Triple Jump
OPENS	60m	100m	200m	800m	3000m	High Jump	Discus	Javelin	Long Jump	Triple Jump



*3000m Event in the OPENS is opened to LAANSW registered athletes in the Under 13, 14, 15 and 17's as well as any ANSW registered athletes. (ANSW athletes under the age of 13 must show proof of registration before they can compete in the 3000m

* 60m Event in the OPENS is opened to all Athletes regardless of Age.

OPENS EVENTS ARE FOR ATHLETES REGISTERED WITH ATHLETICS NSW ONLY, With the exception of the above.

OPEN MEN THROWING EVENTS: Athletes will throw their correct weight for their age group, places will be determined by points for throwing events.

Enquiries: Phone Howard McGarry on 02 4296 7319 or

E-mail lilac@hotmail.com.au

Mail Entries To: LILAC. Summer Carnival

PO Box 251, Warilla 2528

Entry Form also available at: www.lilac.net.au

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CARNIVAL ENTRY FORM

Please Complete details for each athlete by placing an X in the square of the events.

If Athletes are competing up an age group please use a different line for them.

CENTRE:..... CENTRE #.....

Age Group	Athletes Name	Rego Number	50m	60m	70m	100m	200m	300m	400m	500m	700m	800m	1500m	3000m	60/80/90 100/110M Hurdles	200M/H	L / J u m p	T / J u m p	H / J u m p	S h o t P u t	D i s c u s	J a v e l i n	Total Cost	

Contact Person:

Phone Number

Email Address: